
Bridget Beachy, PsyD

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Selah, WA 98942

Education:

Doctorate of Psychology (PsyD), Clinical Psychology (2014), *With Distinction (4.0 GPA)*

The School of Professional Psychology at Forest Institute (FIPP; APA Accredited), Springfield, MO

Concentration: Primary Care Psychology

Doctoral Project Title: Utilizing ACT principles to address weight management through brief sessions in the primary care setting.

Master of Arts (MA), Clinical Mental Health Counseling (2009)

Geneva College (CACREP Accredited), Beaver Falls, PA

Clinical Internship: Western Psychiatric Institute and Clinic (WPIC) at the University of Pittsburgh Medical Center (UPMC), 1000 hrs.

Bachelor of Science (BS), Psychology (2007), *Summa Cum Laude*

Geneva College, Beaver Falls, PA

License:

Licensed Clinical Psychologist, State of Washington, License #PY60523280

Clinical Training/Employment:

- ***Director of Behavioral Health***; Community Health of Central Washington (CHCW), Yakima, WA 02/2016 – Present
Duties: Implementation of the primary care behavioral health (PCBH) model at CHCW Sites; department management including assisting with strategic planning, budgeting, recruitment, hiring, training and onboarding, performance evaluations, etc.

- ***Behavioral Health Consultant***; CHCW 08/2015 – Present
Population: All ages; Underserved (i.e., uninsured, low SES, homeless, minorities, etc.)

- ***Behavioral Health Consultant; Post-Doctoral Fellow***, Central Washington Family Medicine Residency (CWFMR), Yakima, WA 08/2014 – 08/2015
Supervisor: Kirk Strosahl, PhD
Population: All ages, Underserved (i.e., uninsured, low SES, homeless, minorities, etc.)
Duties: BHC role via PCBH model; Residency faculty duties

Pre-Doctoral Internship

- ***Behavioral Health Consultant, Pre- Doctoral Intern***, HealthPoint Community Health Centers, Kent, WA 07/2013 – 07/2014
Supervisor: Jim Berghuis, PhD
Population: All ages; Underserved (i.e., uninsured, low SES, homeless, minorities, etc.)
Duties: BHC role via PCBH model

Additional Formal Training Experience:

- ***Behavioral Science/Family Systems Educator Fellowship***, Society of Teachers of Family Medicine 05/2016 – 05/2017
Description: A competitive, yearlong fellowship for family medicine faculty who have responsibility for behavioral science/family systems curriculum.

<http://www.stfm.org/CareerDevelopment/Fellowships/BehavioralScienceFamilySystemsEducatorFellowshipBFE>

Consulting Experience:

- ***Co-Principal, Consultant***, Beachy Bauman Consulting, PLLC, Selah, WA 06/2017 – Present
Consulting services to organizations and systems for behavioral health integration
 - ***Associate Member***, Mountainview Consulting Group 12/2015 - Present
Consulting services to organizations and systems for behavioral health integration
 - ***Technical Assistance Provider***, Collaborative Family Health Care Association 11/2017 - Present
Providing technical assistance regarding behavioral health integration
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Instructional Experience:

- ****Primary Predoctoral and Postdoctoral Supervisor***; Community Health of Central Washington Training Predoctoral and Postdoctoral Fellowship program. 07/2017 - Present
- ****Central WA Family Medicine Residency Clinical Faculty, Behavioral Health*** 08/2014 - Present
Description: Behavioral health faculty at family medicine residency
Duties: Conduct didactics, psychosocial medicine and patient centered communication skills observations and evaluations, and one on one trainings residents regarding patient interviewing and intervention skills
Supervisor: Brandon Isaacs, MD
- ***Clinical Instructor***; University of Washington (UW), Department of Family Medicine, Seattle, WA 05/2015 - Present
Description: Faculty member for residency program; instruct UW's medical students and residents when assigned to CWFm; shadow and instruct medical students regarding patient centered communication and psychosocial medicine
- ***Adjunct Clinical Assistant Professor***; Pacific Northwest University (PNWU) of Health Sciences College of Osteopathic Medicine. Yakima, WA. 02/ 2019 - Present
Description: Instruct PNWU's medical students; shadow and instruct medical students regarding patient centered communication and psychosocial medicine.
- ***Clinical Assistant Professor***; Elson S. Floyd College of Medicine (ESFCOM) at Washington State University 09/2018 - Present
Description: Instruct ESFCOM's medical students/residents; shadow and instruct medical students regarding patient centered communication and psychosocial medicine.
- ***Arizona State University, Doctorate of Behavioral Health, Faculty Associate*** 01/2016 – 11/2016
Description: Course instructor for the following courses: IBH 660 Legal, Ethical and Professional Issues in Healthcare; IBC 701 Models of Integrated Primary Care
Requirements: Instruction (Virtual platform, 1-hr weekly webinars) and student evaluation
Supervisor: Colleen Clemency Cordes, PhD
- ***Guest Lecturer***, Seattle Pacific University. Seattle, WA 02/2015;

Lecture: Acceptance and Commitment Therapy in Primary Care Behavioral Health 06/2016;
Description: Guest lecturer for CPY 7147: Integrated Behavioral Health 05/2017

- **Human Diversity & Lifespan Development Instructor (Teaching Fellow)**, FIPP Summer & Spring 2013
Description: Adjunct Instructor of Human Diversity in MACP
Requirements: Instruction and student evaluation
Supervisor: Megan Weaver, PhD (Dean of MACL/MACP)
Course: Human Diversity

Academic Experience:

Peer Reviewed Publications

- Rosasco, J., Hanson, Z., Kramer, J., Steele, L., **Beachy, B.**, Gothard, M. D., Ahmed, R., & McCarroll, M. L. (2020). A Randomized Study Using Telepresence Robots for Behavioral Health in Interprofessional Practice and Education. *Telemedicine Journal and E-Health: The Official Journal of the American Telemedicine Association*.
<https://doi.org/10.1089/tmj.2020.0245>
- Bauman, D., & **Beachy, B.** (2020). Integrated behavioral health in primary care: A look at Community Health of Central Washington. *Washington Family Physician: The Journal of the WAFP*, 20-21.
- Robinson, P., Oyemaja, J., **Beachy, B.**, Goodie, J., Sprague, L., Bell, J., ...Ward, C. (2018). Creating a primary care workforce: Strategies for leaders, clinicians, and nurses. *Journal of Clinical Psychology in Medical Settings*, 1–18.
<https://doi.org/10.1007/s10880-017-9530-y>
- Ogbeide, S.A., Bauman, D., **Beachy, B.**, Neuhaus, C., & Leftwich, M. (2013, Spring). The Non-physician clinician experience: Attitudes toward communication and collaborative patient care. *Psi Chi Journal of Psychological Research*.

Book Chapter Publications

- Robinson, P., & **Beachy, B.** (in press). Acceptance and Commitment Therapy (ACT) in primary care. In P. Lucena-Santos, S.A. Carvalho, J. Pinto-Gouveia, M.S. Oliveira, & J. Pistorello (Eds.). *Manual Internacional de Fundamentos Teóricos e Práticos da Terapia de Aceitação e Compromisso* [International Handbook of Theoretical and Practical Foundations of Acceptance and Commitment Therapy]. Camaquã, RS: Editora Fênix Sefarad.
- Strosahl, K., Bauman, D., & **Beachy, B.** (in press). Terapia de Aceitação e Compromisso (ACT) com casos difíceis e/ou de alto risco [Acceptance and Commitment Therapy (ACT) with challenging, high risk patients]. In P. Lucena-Santos, S. A. Carvalho, J. Pinto-Gouveia, M. S. Oliveira, & J. Pistorello (Eds.), *Manual prático internacional de Terapia de Aceitação e Compromisso* [International Practical Handbook of Acceptance and Commitment Therapy]. Novo Hamburgo, Rio Grande do Sul, Brasil: Sinopsys.
- Bauman, D., **Beachy, B.** & Ogbeide, S. A. (2018). Stepped care and behavioral approaches for diabetes management in integrated primary care. In W. O'Donahue & A. Maragakis (Eds), *Principle-based stepped care and brief psychotherapy for integrated care settings*. New York, NY: Springer Science, Business Media, LLC.
- Robinson, P., Bauman, D., & **Beachy, B.** (2016). Promoting healthy lifestyle behaviors in patients with persistent pain. In J. Mechanick, & R. F. Kushner (Eds), *Lifestyle medicine: Manual for clinical practice*. New York, NY: Springer

Science, Business Media, LLC.

- **Beachy, B.**, Bauman, D., & Reiter, J. (2015). Cardiovascular disease in patient centered medical homes: The Trident approach. In O'Donohue, W. T., Maragakis, A., & C. Snipes (Eds), *Integrated primary and behavioral care: Role in medical homes and chronic disease management*. New York, NY: Springer Science, Business Media, LLC.

*Professional Presentations

- Knight, C. & **Beachy, B.** (2022, April). *Community conversations: Supporting medically complex patients with comorbidities during the covid-19 pandemic*. One-hour virtual webinar, CFHA Community Conversations.
- **Beachy, B.** & Bauman, D. (2022, April). *Integrated care and chronic disease management*. 90-minute virtual webinar, National Register Associate Certificate Program: Integrated Care Series, 3rd session.
- Bauman, D. & **Beachy, B.** (2022, April). *Training for IBH supervisors*. Two-hour live webinar, 5th Annual (Virtual) Conference: Idaho Integrated Behavioral Health Network (IIBHN) 2022, April, Day 2.
- **Beachy, B.** & Bauman, D. (2022, April). *Contextual interviewing*. Half day live webinar, 5th Annual (Virtual) Conference: Idaho Integrated Behavioral Health Network (IIBHN) 2022, April, Day 2.
- **Beachy, B.** (2022, March). *Focused acceptance and commitment therapy in primary care*. One-hour virtual webinar, guest lecture, Primary Care Track Psychology Residents, University of Texas Health San Antonio.
- Knight, C., Fondow, M. & **Beachy, B.** (2022, January). *Community conversations: BHC students*. One-hour virtual webinar, CFHA Community Conversations.
- **Beachy, B.** (2021, December). *Primary care behavioral health: The Future of psychology and other social sciences*. One-hour virtual webinar, guest lecture, Introduction to Behavioral Health Course, Geneva College.
- **Beachy, B.** (2021, November). *Capturing patients' context via contextual interviewing*. Webinar 2021 Behavioral Health Series, November: Innovative Approaches to Behavioral Health Care Delivery, one-hour virtual webinar, Continuing Nursing Education, University of Washington School of Nursing.
- Hudgins, C., Nutting, R., Fleishman, J. & **Beachy, B.** (2021, October). *Addressing trauma in primary care*. One-hour virtual webinar panel, ASU Behavioral Health Integration Project ECHO, Arizona State University.
- **Beachy, B.**, Bauman, D. & Coleman, J. (2021, October). *Are we just paying "lip service" to the "behavioral" in primary care behavioral health? Assessing referral reasons in a PCBH service*. Presentation (live) at the 23rd Collaborative Family Healthcare Association Annual (Virtual) Conference.
- Bauman, D. & **Beachy, B.** (2021, October). *Wait, you actually like your EHR? A PCBH and contextual EHR template story*. Presentation (live) at the 23rd Collaborative Family Healthcare Association Annual Conference. Virtual Conference.
- Faust, E., Hawley, P., Bauman, D., **Beachy, B.**, Baker, M., Albert, S. & O'Donnell, J. (2021, October). *One size does not fit all: An expert panel discussion of differences in IBH implementation across varying size & types of medical settings*. Presentation (live) at the 23rd Collaborative Family Healthcare Association Annual (Virtual) Conference.

- Funderburk, J., Poleshuck, E., Mitzel, L., **Beachy, B.**, Bauman, D. & Edelman, D. (2021, October). *Optimizing our integrated care teams to meet the needs of our patients with psychological distress and unmet social needs*. Presentation (live) at the 23rd Collaborative Family Healthcare Association Annual (Virtual) Conference.
- **Beachy, B.** (2021, September). *Primary care behavioral health (PCBH) model implementation*. One-hour virtual webinar, Project Echo 102 Series. Mental Health America of Greater Houston.
- Katri, P., **Beachy, B.**, Bruner, M. & Vishnevsky, T. (2021, September). *Practical advice for PCBH program directors*. The PCBH Community Forum III, CFHA Extended Learning Opportunity, Panelist. Virtual Conference.
- Jabbapour, Y., Johnson, B., Hawley, P., Ortner, S. & **Beachy, B.** (2021, September). *Primary care: Where we stand*. The PCBH Community Forum III, CFHA Extended Learning Opportunity, Panel Moderator. Virtual Conference.
- Strosahl, K., & **Beachy, B.** (2021, September). *Step-by-step strategies for helping patients with complex problems*. The PCBH Community Forum III, CFHA Extended Learning Opportunity, Moderator. Virtual Conference.
- Bauman, D. & **Beachy, B.** (2021, September). *Functional contextualism and focused acceptance and commitment therapy (fACT)*. 2021 Community Healthcare Association of the Dakotas (CHAD) Conference. 7-hour virtual event.
- **Beachy, B.** & Bauman, D. (2021, August). *Behavioral assessment in primary care: Contextual interview (COVID TIMES)*. One-hour virtual webinar, guest lecture, IBC 610 Behavioral Assessment in Primary Care, ASU DBH program.
- **Beachy, B.** & Bauman, D. (2021, July). *Using the contextual interview to transcend your clinical practice*. 4th Annual Conference: Idaho Integrated Behavioral Health Network (IIBHN) 2021, July, Day 2, all day workshop, Boise, ID.
- Bauman, D., **Beachy, B.**, Macchi, C., Manson, L., Chohfi, T. & Hudgins, C. (2021, February). *Supervising BHCs panel*. One-hour virtual webinar panel, ASU Behavioral Health Integration Project ECHO, Arizona State University.
- **Beachy, B.** (2020, November). *Keeping up with the times! Integrated behavioral health care in 2020*. One-hour virtual webinar, Community Connection Series Webinar, Pacific Northwest University of Health Sciences.
- **Beachy, B.** (2020, November). *Social media: Considerations of a professional*. One-hour virtual webinar. CFHA PCBH Webinar.
- **Beachy, B.** & Richards, J. (2020, November). *Behavioral health integration into primary care*. Panelist presentation (virtual) at Apple Health (Medicaid) WA State 2020 Integration Summit.
- **Beachy, B.**, Woodruff, M., Lawrence, R. & Clark, J. (2020, October). *Bridging the gap between clinical and community providers*. Panelist presentation (virtual) at the HCA/ACH Symposium 2020: Community Health Through an Equity Lens.
- Bauman, D., **Beachy, B.**, & Summers, W. (2020, October). *Reverse engineering: Infusing compassion into PCBH and healthcare*. Presentation (live) at the 22nd Collaborative Family Healthcare Association annual conference. Virtual Conference.

- Cahill, A., **Beachy, B.**, Bauman, D., & Pearson, S. (2020, October). *PCPs face complex challenges integrating trauma-informed care and PTSD screening/management into routine patient care*. Presentation (live) at the 22nd Collaborative Family Healthcare Association annual conference. Virtual Conference.
- Cos, T., **Beachy, B.**, Fondow, M., Bauman, D., & Serrano, N. (2020, October). *How to SUPERcharge your supervision /training with integrated BHCs? A brief expert panel*. Presentation (live) at the 22nd Collaborative Family Healthcare Association annual conference. Virtual Conference.
- Ogbeide, S., Bauman, D., **Beachy, B.**, & Lopez, G. (2020, October). *Equipping the next generation of behavioral health trainees: A clinical supervision primer*. Presentation (live) at the 22nd Collaborative Family Healthcare Association annual conference. Virtual Conference.
- Robinson, P., **Beachy, B.**, Bauman, D., Sasano, M., & O'Connell, A. (2020, October). *Training PCBH trainers: A story of diligence, detail, and diversity*. Presentation (live) at the 22nd Collaborative Family Healthcare Association annual conference. Virtual Conference.
- **Beachy, B.** & Bauman, D. (2020, October). *Making metrics matter (and fun!): How to engage your providers to springboard productivity tracking*. Presentation (webcast) at the 22nd Collaborative Family Healthcare Association annual conference. Virtual Conference.
- Strosahl, K., Robinson, P., Corso, K., Dobmeyer, A., Serrano, N., **Beachy, B.** & Blount, S. (2020, October). *Ask a trainer*. The PCBH Community Forum II, CFHA Extended Learning Opportunity, Moderator. Virtual Conference.
- Strosahl, K., Robinson, P., Katri, P., Maier, R. Reiter, J., & **Beachy, B.** (2020, October). *Tackling complexity*. The PCBH Community Forum II, CFHA Extended Learning Opportunity, Moderator. Virtual Conference.
- Bauman, D. & **Beachy, B.** (2020, October). *It's a matter of context: Training family medicine residents in functional contextualism*. 2020 WWAMI Behavioral Scientist Annual Conference. One-hour virtual webinar.
- **Beachy, B.** & Bauman, D. (2020, September). *Behavioral assessment in primary care: Contextual interview (COVID TIMES)*. One-hour virtual webinar, guest lecture, IBC 610 Behavioral Assessment in Primary Care, ASU DBH program.
- Bauman, D. & **Beachy, B.** (2020, September). *Primary care behavioral health: A Clinic example – moving behavioral health integration from a nicety to a necessity (1-hour)*. Presentation at the 2020 STFM Conference on Practice & Quality Improvement. Virtual conference.
- Katri, P., Bauman, D., **Beachy, B.** & Bradley, W. (2020, July). *Expert Panel: BHCs & COVID-19*. Behavioral Health and Primary Care Integration Conference (Virtual 1-hour presentation), Lipscomb University, Nashville, TN.
- **Beachy, B.** & Bauman, D. (2020, July). *Q&A with Front Line BHCs! Practical Tips for Landing (and Keeping) Your First BHC Job*. Behavioral Health and Primary Care Integration Conference (Virtual 1-hour presentation), Lipscomb University, Nashville, TN.
- **Beachy, B.** & Bauman, D. (2020, July). *Forging Ahead! How to Break into the Integrated Care Field*. Behavioral Health and Primary Care Integration Conference (Virtual 1-hour presentation), Lipscomb University, Nashville, TN.

- Bauman, D. & **Beachy, B.** (2020, July). *From GATHER, to The Four C's: An Overview of Primary Care Behavioral Health.* Behavioral Health and Primary Care Integration Conference (Virtual 3-hour presentation), Lipscomb University, Nashville, TN.
- **Beachy, B.** & Bauman, D. (2020, May). *Making PCBH Transformative by Infusing Context & Compassion.* 1-hr webinar presentation, Arkansas Behavioral Health Integration Network (ABHIN) webinar series.
- Oyemaja, J. A, Serrano, N., Robinson, P., **Beachy, B.**, Bauman, D., Zeidler-Schreiter, E., Garcia, K., Fisk, L. & Smith, S. (2020). *Behavioral health in primary care workflows: Adjusting care delivery during the COVID19 pandemic* [Google Slides].
- **Beachy, B.** (2020, May). *What's mental health have to do with substance use?* 1 hr presentation, Be There to Care, Mental Health Virtual Series, for 9th – 12th graders. Educational Service District 105, Yakima, WA.
- **Beachy, B.** (2020, March). *ACT Therapy with Teens.* Four, 30-minute presentations. Computer Academy of Toppenish Schools. Toppenish, WA.
- **Beachy, B.**, Rue, K., Amity. R. (2019, November). *Physician suicide panel follow up – 1 hr panel.* Pacific Northwest University (PNWU). Butler Haney Hall. Yakima, WA.
- **Beachy, B.** (2019, November). *Context is key: Understanding substance use in youth.* Washington State Prevention Summit. Yakima Convention Center, Yakima, WA.
- **Beachy, B.** (2019, October). *State of behavioral health in primary care.* National Primary Care Week, PNWU, Yakima, WA.
- **Beachy, B.** (2019, October). *From prevention to recovery; Panel facilitator.* Yakima Community Coalition. Educational Service District 105, Yakima, WA.
- Bauman, D. & **Beachy, B.** (2019, August). *Unconscious bias: How to acknowledge and understand our mental shortcuts to reduce bias.* American Academy of Professional Coders (AAPC), Yakima Chapter Meeting. Astria Regional, Yakima, WA.
- Bauman, D. & **Beachy, B.** (2019, July). *Beyond direct patient care: Impacting your clinical teams a "ripple" at a time.* Behavioral Health and Primary Care Integration Conference, Lipscomb University, Nashville, TN.
- Bauman, D. & **Beachy, B.** (2019, July). *Keynote: Securing your seat at the table: Realizing your value as an integrated behavioral health provider.* Behavioral Health and Primary Care Integration Conference, Lipscomb University, Nashville, TN.
- **Beachy, B.** & Bauman, D. (2019, July). *Up and away! Developing your identity as a newly integrated behavioral health provider.* Behavioral Health and Primary Care Integration Conference, Lipscomb University, Nashville, TN.
- Anderson, T., ...Oodit, N. (2019, July). Guest speaker. *Engaging Patients: Apply Motivational Interviewing Techniques to OUD Patients in the ED.* Opioids Webinar - WSHA Learning Collaborative webinar presentation.
- **Beachy, B.** (2019, June). *Motivational interviewing that supports trauma-informed care.* Opioid Use Disorder (OUD)

and Trauma-Informed Care, Regional Summit, Pacific Northwest University, Yakima, WA.

- **Beachy, B.** (2019, June). *Community Forum: Meet them where they dream; Panel facilitator.* Opioid Use Disorder (OUD) and Trauma-Informed Care, Regional Summit, Pacific Northwest University, Yakima, WA.
- **Beachy, B.** (2019, June). *fACT Check: Focused acceptance and commitment therapy.* National Register, Clinical Webinars for Health Service Psychologist and CFHA.
- Bauman, D., **Beachy, B.**, Lopez, G. (2019, June). *Context clues: Motivating your patients for behavior change.* Presentation at the 106th Annual Northwest Osteopathic Convention. Blaine, WA.
- **Beachy, B.** & Bauman, D. (2019, June). *It's okay to "go there:" Integrating ACEs & trauma informed care into your practice.* Presentation at the 106th Annual Northwest Osteopathic Convention. Blaine, WA.
- Bauman, D., **Beachy, B.** (2019, June). *Building your behavioral tool box: Working with anxiety in medical clinics.* Presentation at the 106th Annual Northwest Osteopathic Convention. Blaine, WA.
- **Beachy, B.** (2019, March). *Transdiagnostic approach to substance use and mental health.* Presentation for Educational Service District 105 Substance Abuse Education Series. Yakima, WA.
- **Beachy, B.** & Bauman, D., (2019, March). *Rome wasn't built in one day: A Three-year review of an IBH program.* Presentation at the 2019 Integrated Health Care Conference. Tempe, AZ.
- Bauman, D., **Beachy, B.**, & Vigil, P. (2018, October). *PCBH handoffs: Just what exactly do they do?* Presentation at the 20th Collaborative Family Healthcare Association annual conference. Rochester, NY.
- **Beachy, B.**, Bauman, D., Vigil, P., Mullinex, K., Ponce, D. (2018, October). *It takes a village: Utilizing the whole primary care team to take your IBH practice to the next level.* Presentation at the 20th Collaborative Family Healthcare Association annual conference. Rochester, NY.
- Walberg, A., **Beachy, B.**, Ogbeide, S., Lancaster, S., Poursani, R. (2018, October). *You are NOT fired! Optimizing the PCBH Model for difficult patient encounters.* Presentation at the 20th Collaborative Family Healthcare Association annual conference. Rochester, NY.
- Bauman, D. & **Beachy, B.** (2018, October). *Motivating patients on smoking cessation: A contextual approach.* 25th Annual Yakima Cardiac Issues Conference. Yakima, WA.
- **Beachy, B.** (2018, October). *Resiliency & De-escalation Training.* American Academy of Professional Coders (AAPC), Yakima Chapter Meeting. Astria Regional, Yakima, WA.
- **Beachy, B.** & Bauman, D., (2018, September). *The importance of context in behavioral medicine: Looking at the soil instead of the weeds.* Postdoctoral Master of Science in Clinical and Translational Research School of Health Professions & School of Medicine Medical Sciences Campus, University of Puerto Rico.
- **Beachy, B.** & Bauman, D. (2018, September). *Behavioral health consultation for patients with diabetes.* Presentation at the 2018 IBH-Konferensen. Vaxjo, Sweden.

- Bauman, D. & **Beachy, B.** (2018, September). *Contextual interview: How do we get a grip on the patient's problem within the PCBH model?* Presentation at the 2018 IBH-Konferensen. Vaxjo, Sweden.
- Bauman, D. & **Beachy, B.** (2018, September). *Behavioral health consultation for patients with pain.* Presentation at the 2018 IBH-Konferensen. Vaxjo, Sweden.
- Bauman, D. & **Beachy, B.** (2018, August). *Beyond symptom reduction: Using IBH to live life with meaning.* Sunrise Rotary of Yakima.
- Helms, R., Cox, G. Robison, L., **Beachy, B.**, & Corson, B. (2018, March). *Practice transformers: Caring for communities through collaboration and partnership development.* Presentation at the 2018 Northwest Rural Health Conference. Spokane, WA.
- **Beachy, B.** & Bauman, D., (2018, March). *"Sowing seeds" to grow your own integrated care workforce.* Presentation at the 2018 Integrated Health Care Conference. Scottsdale, AZ.
- Baker, M., Bauman, D., & **Beachy, B.** (2017, October). *If you build it, they will come. Practice based innovations to help expand a growing PCBH practice.* Presentation at the 19th Collaborative Family Healthcare Association annual conference. Houston, TX.
- Bauman, D., & **Beachy, B.** (2017, October). *Unlocking radical behavioral change with PCBH and ACT: Applying contextualism within the PCBH framework and primary care system.* Presentation at the 19th Collaborative Family Healthcare Association annual conference. Houston, TX.
- **Beachy, B.**, Ogbeide, S. A., Bauman, D., & Christensen, J. (2017, October). *"You are not fired!" Using the PCBH model to fortify efforts to care for vulnerable patients in primary care.* Presentation at the 19th Collaborative Family Healthcare Association annual conference. Houston, TX.
- **Beachy, B.** & Bauman, D. (2017, October). *Advancing primary care through behavioral health integration.* Presentation at the Jackson Care Connect & CareOregon Integrated Care Collaborative. Medford, OR.
- **Beachy, B.** & Bauman, D. (2017, June). *Primary care behavioral health: Background & philosophical foundation.* Presentation at the CareOregon & Children's Health Alliance Integrated Care Collaborative: Best Practices for Impacting Population Health in PCMH. Portland, OR.
- **Beachy, B.**, Bauman, D., Baker, M., Lancaster, R. & Ellwood, S. (2016, October). *Moving beyond integration to transformation: Practice-based innovations and strategies that transformed PCBH practice.* Presentation at the 18th Collaborative Family Healthcare Association annual conference. Charlotte, NC.
- **Beachy, B.** & Bauman, D. (2016, September). *Using focused acceptance and commitment therapy (fACT) in primary care behavioral health.* Webinar presented at Collaborative Family Health Care webinar series.
- Ogbeide, S. A., Bauman, D., & **Beachy, B.** (2016, July). *Answering the call for integration: Training today's healthcare workforce.* Presented at the Integrating Primary and Behavioral Health Care Through the Lens of Prevention conference, New Orleans, Louisiana.
- Bauman, D., **Beachy, B.**, Strosahl, K., Robinson, R., & Udell, M. (2016, June). *It's a matter of FACT: Training Medical*

providers to address behavioral and mental health concerns in primary care. Workshop presentation at the annual world conference of the Association for Contextual Behavioral Science, Seattle, WA.

- Baker, M., **Beachy, B.** & Bauman, D. (2015, December). *"The 'Who, What, Where, Why and How' of Integrated Care."* Presentation at Washington State Psychological Association Fall Convention. Seattle, WA.
- Manson, L., Bauman, D., **Beachy, B.**, Ogbeide, S., & Baker, M. (2015, October). *What's with all the numbers? Quality indicators within integrated behavioral health programs.* Presentation at the 17th Collaborative Family Healthcare Association annual conference. Portland, OR.
- **Beachy, B.**, Bauman, D., & Ogbeide, S. (2014, October). *Repaving the road: Addressing the challenges of conducting outcome research in primary care.* Accepted presentation at the 16th Collaborative Family Healthcare Association annual conference. Washington, D.C.
- Baker, M., **Beachy, B.**, Bauman, D., Wilson, A., & Tiernan, K. (2014, October). *Stress, psychological flexibility, and behavioral health satisfaction: An assessment and intervention study with primary care providers.* Accepted presentation at the 16th Collaborative Family Healthcare Association annual conference. Washington, D.C.
- Robinson, P., Rosen, D., Gould, D., Bauman, D., **Beachy, B.**, & Baker, M. (2014, June). *ACT in primary care medicine.* Accepted presentation at the annual world conference of the Association for Contextual Behavioral Science, Minneapolis, MN.
- Houghton, D., Rost, A., Bauman, D., & **Beachy, B.** (2013, May). Individual ACT for Smoking Cessation among Pregnant and Postpartum Women. In T. Douleh (Chair), *Assessment and Evaluation of Core Active Processes in Clinical Behavioral Interventions.* Symposium conducted at the annual meeting of the Association for Behavior Analysis International in Minneapolis, MN.
- **Beachy, B.** & Bauman, D. (2013). *How anxiety feeds procrastination.* Community Lunch 'N Learn, RJ Murney Clinic, School of Professional Psychology at Forest Institute, Springfield, Mo.
- **Beachy, B.** (2013). *Understanding panic and ways to get through it.* Community Lunch 'N Learn, RJ Murney Clinic, School of Professional Psychology at Forest Institute, Springfield, Mo.
- Bauman, D., & **Beachy, B.** (2012, July). *An Acceptance and Commitment Therapy protocol for anxiety in a primary care setting: ACTing your way, with anxiety, to a better life.* Presentation at the Research and Program Development Forum at the annual world conference of the Association for Contextual Behavioral Science, Washington, D.C.
- Andreassen, A., Bauman, D., & **Beachy, B.** (2012). *Rorschach-Performance Assessment System (R-PAS) Training Workshop.* Developed workshop materials and learning exercise at the School of Professional Psychology at Forest Institute, Springfield, MO.

Posters Presented

- **Beachy, B.** (2017, May). *Developing an evaluation form for initial interviews: The Contextual interview observation form adult (CIOF-A).* Poster presented at the 50th Society of Teachers of Family Medicine annual conference, San Diego, CA.

- Baker, M., **Beachy, B.**, & Bauman, D. (2015, October). *“Trident approach” to primary care behavioral health*. Poster presented at the 17th Collaborative Family Healthcare Association annual conference, Portland, OR.
- Houghton, D. C., Rost, A., Bauman, D., & **Beachy, B.** (2013, November). *Acceptance and commitment therapy for pregnant and postpartum women: A pilot study*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- **Beachy, B.**, Bauman, D., & Baker, M (2013, October). *A brief, ACT, behavioral health protocol for treating hypertension in primary care*. Poster presented at the 15th Collaborative Family Healthcare Association annual conference, Denver, CO.
- **Beachy, B.** & Bauman, D. (2013, June). *Behavioral health solutions for smoking/tobacco cessation in primary care*. Poster presented at the annual meeting of the Missouri Psychological Association, Lake of the Ozarks, MO. **1st Place in Student Poster Session.**
- Bauman, D., **Beachy, B.**, Neumann, C., Hope, K., & Miller, K. (2012, July). *Do we practice what we teach? Psychological inflexibility and value incongruence in student health care providers*. Poster presentation at the annual world conference of the Association for Contextual Behavioral Science, Washington, D.C.
- Ogbeide, S.A., Bauman, D., **Beachy, B.**, Neuhaus, C., & Leftwich, M. (2012, April). *Factors associated with attitudes toward patient-provider communication and collaborative care in a sample of non-physician clinician trainees*. Poster presented at the 33rd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine.
- **Beachy, B.**, & Bauman, D. (2012, March). *Acceptance and Commitment Therapy (ACT) for post-traumatic stress disorder: An alternative to treatment as usual*. Poster presented at the annual meeting of the Missouri Psychology Association, St. Louis, MO. **2nd Place in Literature Review Division.**
- Bauman, D., **Beachy, B.**, & Ogbeide, S.A., (2010, June). *Health-related variables associated with depressive symptoms among a university sample*. Poster presented at the annual meeting of the Missouri Psychology Association, Lake of the Ozarks, MO.

Other Publications

- **Beachy, B.** (2014). PCBH FAQ - Physician Engagement. In *CFHA PCBH SIG Frequently Asked Questions*. <https://cfha.site-ym.com/?PCBHFAQEngagement>
- Massey, W.V., Bauman, D. & **Beachy, B.** (2013). The Internship and Practicum Experience Database Manual: A Student’s Guide to Applied Experience in Sport and Exercise Psychology. *Association for Applied Sport Psychology*.
- **Beachy, B.**, Bauman, D., & Massey, W.V. (2012). Suggestions for graduate students. In **B. Beachy**, D. Bauman, E. Martin, N. Gabana, & C. Schwartz (Eds). *The Performance Excellence Movement Newsletter*. Indianapolis, IN: Association for Applied Sport Psychology.

Intra-organizational Presentations

- **Beachy, B.** (2019, October). *Strategies for managing your bias (before it manages you)*. Leadership development

institute, Community Health of Central Washington, Yakima, WA.

- **Beachy, B.** (2019, June). *Let's talk about suicide*. Population Health Team monthly meeting. Community Health of Central Washington, Yakima, WA.
- **Beachy, B.** (2019, February). *BHC Onboarding at CHCW*. Leadership development institute, Community Health of Central Washington, Yakima, WA.
- **Beachy, B.** (2018). *De-escalation training (six sessions)*. Community Health of Central Washington. Yakima, WA.
- Hoover, K. & **Beachy, B.** (2018, October). *Weight management in primary care skill share*. Central Washington Family Medicine Residency. Yakima, WA.
- Lopez, G. & **Beachy, B.** (2018, November, December). *Motivational interviewing: Talking with patients about health behavior change*. Three-part series with Population Health Team at Community Health of Central Washington, Yakima, WA.
- Bauman, D. & **Beachy, B.** (2018, June). *The Tale of Favoritism and Cognitive Heuristics*. Leadership development institute, Community Health of Central Washington, Yakima, WA.
- **Beachy, B.** & Bartos, J. (2018). *Motivational interviewing: Talking with patients about high risk health behaviors*. Three-part series with Obstetrics Department at Central Washington Family Medicine, Yakima, WA.
- **Beachy, B.** (2016). *De-escalation training*. Three-part series for Reception team. Community Health of Central Washington. Yakima, WA.

Professional & Scholarly Activities

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|--|----------------|
| - CFHA, Social Media Context Expert | 2021 - Present |
| - CFHA, Podcast team member | 2019 - Present |
| - Behavioral Health Provider Advisory Committee, Coordinated Care, WA. | 2019 – Present |
| - Washington Association for Community Health (WACH) Behavioral Health Committee | 2022 - Present |
| - Community Health Plan of Washington (CHPW) Clinical Quality Improvement Subcommittee | 2017 – Present |
| - CHPW Washington Integrated Managed Care Implementation Committee | 2017 – Present |
| - CFHA, PCBH SIG, Secretary, Leadership Team | 2016 – 2017 |
| - Reviewer | |
| Reviewed Collaborative Family Health Care Association Abstracts | 2017 - Present |
| Reviewed Abstracts for The National Multicultural Conference and Summit (NMCS) | 2013 & 2014 |

Professional Memberships:

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|---|----------------|
| - American Psychological Association Membership (APA) | 2009 - Present |
| - APA Division 38, Health Psychology | 2011 - Present |

- Association for Contextual Behavioral Science 2011 - Present
 - Collaborative Family Healthcare Association (CFHA) 2013 - Present
 - Society of Teachers of Family Medicine 2014 - Present
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Professional Awards & Honors:

- CFHA, Outstanding Contributions to the PCBH Model, Awarded to CHCW BHCs, October 2019
 - CFHA, Founders' Early Career Professional Award, October 2018
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***Consulting Client List:**

- Morrow County Health District, *OR*
 - Kaiser Permanente Northwest, *WA + OR*
 - HOPE Clinic, *Houston, TX*
 - The Community Healthcare Association of the Dakotas, *ND + SD*
 - Carevide, *Bonham, TX*
 - Unity Care Northwest, *Bellingham, WA*
 - Moses Lake Community Health Center, *Moses Lake, WA*
 - National Psychology Training Consortium, Great Lakes Region, *Logansport, IN*
 - Pacific Northwest University, *Yakima, WA*
 - Southwest District; Rural Integrated Behavioral Health Hub Network, *ID*
 - Grant Integrated Services, *Moses Lake, WA*
 - The Bowen Center, *Warsaw, IN*
 - HealthSource of Ohio, *Loveland, OH*
 - Community Health Services at Lamoille Valley, *Morrisville, VT*
 - The Corvallis Clinic, *Corvallis, OR*
 - Lipscomb University, *Nashville, TN*
 - Community Health Connection, *Tulsa, OK*
 - Kodiak Area Native Association, *Kodiak, AK*
 - University of Puerto Rico, Medical Sciences, *San Juan, Puerto Rico*
 - The Christ Hospital Health, *Cincinnati, OH*
 - Codman Square Community Health Center, *Boston, MA*
 - Northwest Pediatric Center, *Centralia, WA*
 - ProCare, *Auckland, New Zealand*
 - Partnership Health Center, *Missoula, MT*
 - CareOregon, *Portland, OR & Medford, OR*
 - TriHealth, *Cincinnati, OH*
 - St. Luke's Health Partners, *Boise, ID*
 - Northwest Region Primary Care Association, *Seattle, WA*
 - Indiana University Health Arnett, *Lafayette, IN*
 - DC Primary Care Association, *Washington, D.C.*
 - University of Arkansas for Medical Sciences, *Little Rock, AR*
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jberghuis@healthpointchc.org

*The complete list of didactic trainings and consulting presentations upon request